

Start Reversing Your Type 2 Diabetes Today with Virta



Better health doesn't need to wait.



In just 10 weeks, 87%¹ of Virta patients were able to reduce their need for insulin. How? Virta's online medical treatment provides daily medical supervision, health coaching, and a personalized nutrition plan that helps patients make progress everyday. When you're ready to make a change, Toyota Gosei is here to support you by offering Virta care at no direct cost.

1. Source: For Virta patients retained at 10 weeks. Source: McKenzie AL, Hallberg SJ, Creighton BC, et al. A Novel Intervention Including Individualized Nutritional Recommendations Reduces Hemoglobin A1c Level, Medication Use, and Weight in Type 2 Diabetes. JMIR Diabetes. 2017; 2(1):e5. For more Virta research, visit www.virtahealth.com/research.

Virta is available to reverse type 2 diabetes and prediabetes. Patients lower their blood sugar, reduce their need for diabetes medications, and lose weight. The best part? With Virta there is no surgery, fasting, counting calories, or required exercise.

[Check Eligibility](#)

What you get on Virta for \$0 a month:

-  Virtual medical care from a physician-led team.
-  Unlimited one-on-one health coaching.



Diabetes testing supplies like meters and strips, delivered right to your door.



Practical resources like recipes, food lists, and meal plans.



Access to a private online patient community.

Get coverage for Virta.

Toyoda Gosei fully covers the cost of Virta (valued at over \$3,000) for you and your eligible family members with type 2 diabetes or prediabetes.

You can learn more about Virta here: www.virtahealth.com/join/toyodagosei

Question? Email support@virtahealth.com

Virta is available to Toyoda Gosei employees and eligible dependents between the ages of 18 and 79 who are enrolled in a Toyoda Gosei health plan through UnitedHealthcare. This benefit is currently being offered to those with type 2 diabetes or prediabetes. There are some medical conditions that would exclude patients from the Virta treatment. Start the application process now to find out if you qualify.

Your health information is protected and is 100% confidential. Virta will never share your health information with your employer or third parties other than your medical provider.